

Women briefed about courses designed to empower them

TIMES NEWS NETWORK

Lucknow: Institute of Women Studies has launched a series of programmes on women empowerment, 'Garbh Sanskar' and career opportunities in gender studies.

In a programme held at DAV College, awareness on the importance of women empowerment and the various opportunities available to them for their professional growth in the field of gender studies were discussed.

The event included a street play and information about various enterprising courses with assured placement being run by the institute.

In another event held at Nari Shiksha Niketan PG College, the street play, performed by Adamyia, highlighted the challenges faced by women in society and importance of education for women in breaking down gender stereotypes.

The play was briefed by Prashant Sonkar

Manini Srivastav, who is the coordinator of Institute of Women's Studies, informed the students about the



Women taking part in the event in the city on Thursday

courses being run by the institute, which includes MA in Women Studies, and diploma course in Garbha Sanskar.

These courses are designed to equip students with the necessary skills and knowledge to not only secure a job availing assured placement, but also provide students with a deeper understanding of gender issues and their impact on society.

A course in women's studies can provide a deeper understanding of gender issues, critical thinking and analysis skills, empowerment, intersectionality, and career opportunities in fields like ad-

vocacy and social work.

It can help individuals become aware of their biases and navigate complexities of gender and sexuality, while also providing knowledge of social justice issues.

Programmes like these help to create awareness and encourage people to take action towards empowering women.

The event was also graced by prof Madhurima Lal, director, Sanskritiki, University of Lucknow.

She enlightened the audience members about how women empowerment is not just a moral issue.